

# SEMANA NAUTICA 2008

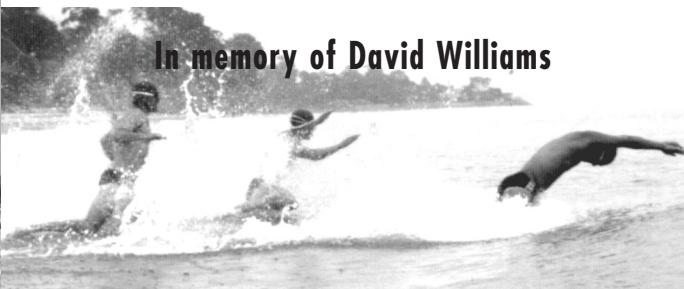
## 3 Ocean Swim Events at East Beach

Saturday July 5, Sunday July 6, Saturday July 12

**FRS 1-Mile Ocean Swim  
Saturday, July 5 • 9am**



**FRS 3-Mile Ocean Swim  
Sunday, July 6 • 9am**



**Sponsored by the City of Santa Barbara  
Parks & Recreation Department and FRS**



**TO REGISTER**—On site, the day of event. Registration for all events starts at 8am and will continue up until the start of each event.

**ENTRY FEES**—For each event: \$20 Adults 18+; \$10 Youth up to 18. Fees include dressing room, warm showers and event t-shirt. Sign up to swim both the 1-Mile and 3-Mile event and receive a 50% discount on your second event.

**AWARDS**—Special placement prizes will be awarded for each event.

**IMPORTANT**—Lifeguards will be on duty and in the water to provide safety, but will not lead swimmers. No swim fins, hand paddles, or wet suits allowed.

**PARKING/DIRECTIONS**—The physical address is 1118 E. Cabrillo Blvd, Santa Barbara, CA 93103. Paid parking is available in the beach lots or free parking is available on neighboring surface streets

**OTHER EVENTS**—The Semana Nautica 6-Mile Ocean Swim, Goleta Beach to Hendry's, takes place on Sunday, July 13 at 9am. For more information, email [janeswims@juno.com](mailto:janeswims@juno.com)

**INFORMATION**—(805) 897-2680 or on the web at [semananautica.com](http://semananautica.com)

The 2008 3-Mile Ocean Swim will honor David Williams, whose positive attitude and determination was an inspiration for the swimming community, especially for those who participated in ocean swimming events.

